

# YASC MINUTES

Date: 2/08/2026

Open with Serenity Prayer @ 9:30am

Traditions – Mo

12 Concepts – Sami

Service Prayer – Britney

Just for Today – Jess

## Approval/Disapproval of last month's minutes- Minutes ~~Not~~ **Approved** Roll Call and GSR Reports

	Group Name	Rep.	Avg	New	Lit.	Donation	Reports	Group officers Secretary, Treasurer, GSR, Alt. GSR
1	707 Freedom Group of NA	Karen (GSR)	7-8	0	\$0.00	\$0.00	Thanks to Outreach for your support!	S=John, T=John, GSR=Karen S., Alt=Guy
2	A Boy and His Dog	ABSENT	-	-	-	-		S=Joe W., T=Dave M., GSR=Mark N., Alt=Open
3	A New Light	Sami (GSR)	42	6	\$71.90	\$0.00		S=Dave M, T=Ray P, GSR=Sami, Alt=Donta B.
4	Biscuits & Gravy	Jay (GSR)	40-50	2-3	\$0.00	\$40.00		S=Kevin, T=Angie, GSR=Jay, Alt=Casey
5	Candlelight	Bailey (GSR)	26	9	\$0.00	\$30.00	Speaker next week, usually on the 1 <sup>st</sup> Wed. of the month. Could use more homegroup members.	S=Open, T=Aleena, GSR=Bailey G., Alt=Open
6	Girls Gone Clean	Shelby (GSR)	31	8	\$25.40	\$20.00		S=Josie H., T=Bri G., GSR=Shelby C., Alt=Open
7	Gratitude Too	Sean-Michael (GSR)	57	5	\$28.00	\$0.00		S=Jess R, T= Jessi, GSR=Sean-Michael, Alt=Open
8	Instant Gratification	Britney (GSR)	7-10	1	\$0.00	\$0.00	In need of more support. Newcomers/Old timers	S=Jacob O., T=Sean-Michael H., GSR=Britney O. Alt=Aubrey Q.
9	Lit on Saturday Night	Joe (Alt GSR)	24	7	\$81.50	\$20.00	Group is willing to host GSR training in March. Meeting Group is thriving. <b>Please update meeting list with "Entrance on Summit"</b>	S=Joe, T=Annette, GSR=Emily Alt=Joe
10	Living Proof	Jacob (GSR)	21	11	\$11.50	\$0.00		S=Carlos C., T=Aleena L., GSR=Jacob O., Alt=Open
11	Loonar Nooner	John (Rep)	12	0	\$6.80	\$125.00	Wednesday meeting has been around 7-9 people attending.	S=John G., T=Mallory W., GSR=Trent C., Alt=Victoria P.
12	Lost & found	Vincent (GSR)	40	12	\$39.50	\$0.00		S=Stephanie, T=Joe, GSR=Vincent M, Alt=Mike
13	No Matter What	Mychelle (GSR)	25	2	\$0.00	\$0.00		S=Chuck, T=Shawna, GSR=Mychelle, Alt=Open
14	Recovery Girl Gang	Cassidy (GSR)	18	3	\$0.00	\$53.00		S=Bree, T=Ashlea, GSR=Cassidy, Alt=OPEN
15	We can and we will	Janet (Alt GSR)	8	1	\$2.00	\$20.00	Meeting is going well. Potluck the week before Area meeting!	S=Tommy, T=Chris, GSR=Susie, Alt=Janet
16	We Do Recover	ABSENT	-	-	-	-		S=Open, T=Aaron S., GSR=Paul M., Alt=OPEN

**Note:** 14 of 16 GSRs are present. Quorum was ~~was not~~ **established**

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## **Officer Reports:**

**Chair – Kevin:** (ABSENT.)

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**Vice Chair – Annette:** Hello Area Family!

I would like to discuss in Open Forum today the GSR training to see how many new GSR's we have and figure out the best way to facilitate that training. GSR's are so incredibly vital to the service structure of NA and we want to help ensure that you are adequately prepared and understand how important you really are. So often we just throw someone in without proper mentorship, so this is one of the ways we can help.

I also think that this year is an Area Inventory. It was mentioned during a discussion about an H&I request that the treatment center prefer to take patients to other fellowship meetings, and I wonder if we know why that is and how we can make our meetings more attractive. If groups are interested in doing Group Inventories to identify where they are excelling and where they can improve, that might be helpful also for the Area to understand how to better support our homegroups. I am hoping to work with Kevin on a plan for the Area Inventory when he gets back and we can discuss more at the next area. Just some random thoughts of some things we can do if there is interest in doing them. There is more info in the Guide To Local Services about both these Inventories if anyone has interest in learning more.

Bob F also gave me a box of Area Archive stuff. I'm not sure where that needs to go.

And lastly, Jess mentioned needing to update bank account signers. I'm not sure if that requires motion from the group recorded in minutes or not. That's what was needed at my last area.

Nothing else to report. Thank you for letting me be of service.

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**Treasurer – Jessica C.:**

**Starting Balance:** \$5,543.17, **Income:** \$613.70, **Expenses:** \$168.80, **Ending:** \$5,988.07, **H&I:** \$129.50 (\$400 monthly budget), **PR:** \$148.80 (\$225 left of We Do Recover budget)

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**Vice Treasurer – Josie:** I don't have anything to report.

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**Secretary – Jess R:** Please make sure I receive your GSR reports, sub committee reports, and any motions that are submitted today. Thank you! And thank you for letting me be of service.

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**RCM1 – Mo:**

Good morning area committee members. I attended the last region on January 18.

Tim B [pr@arizona-na.org](mailto:pr@arizona-na.org) 602-741-0862, is available to serve local area PR subcommittees if you need assistance to please reach out.

Mike A was elected chair of the history working group. Their mission is to develop an action plan for digitizing paper documents records images of history of NA and Arizona. The committee has honored the request of region and they've contacted three vendors estimates for scanners for possible purchase or lease. It is also possible that we may be able to purchase three machines for all areas at an inexpensive price. There will be further discussion for what areas of Arizona these machines will be stored and who will have keys.

There is a RSC guidelines workgroup which is meant several times since the last regional meeting. They created roles and responsibilities for proof guideline committees and are submitting those for approval. The workgroup feels they have completed his assigned tasks and will have no further scheduled meetings.

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Now Apache area currently has 10 they are working to update their meeting list to reflect new locations.

A new area was voted in at our last meeting. It is called Arizona virtual area. This is to provide regional services to virtual meetings that are included in this area.

I like the calendar of area events in order to forward information to the region to encourage participation from outside of our area.

ARCNA - They currently have 88 registrations, 51 basic and 37 completes. This is about 10 more than we had last year at this time. All main speakers have been confirmed as well as the lunch menu has been set. Our current bank account balance is \$25,269.90 which does not include the last event, which was our best supported fundraiser this year.

Important Dates: CAT Assembly – February 15, 2026 – Casa Grande

o Collaboration of US Zones – March 2026

o Spring Assembly – April 25, 2026 – Ft. Lowell Park, Tucson o

NA Annual PR Week – 1st week of June [na.org/naws-events/annual-events/](http://na.org/naws-events/annual-events/)

o ARCNA – May 22-24, 2026 - Scottsdale

o Festival of Recovery – July 4th, 2026

We hosted the car workshop yesterday. We had the delegate in training from Tucson come up and help with the workshop. The attendance was light but still had five groups represented by GSR's including one from Verde Valley. We had at least four people that were still fairly new in recovery participate in the workshop. Information was handed out in order for them to take to their groups in order to facilitate their voting process. I also brought some more copies of the motion survey and discussion questions collection sheets for folks to take. My hope is that at our next area to have votes collected to take to region in March.

I am requesting reimbursement for \$148.79 this is the \$50 fee for the facility rental, and food purchases from Costco totaling \$98.79

In loving service

Moina B.

928-442-6264

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**RCM2 – OPEN**

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**Literature – Carlos:** Sales: \$305.70/ H&I purchase on budget: \$129.50/ PR on Budget: \$148.80

1057930 placed on 1/15 received on 4/5 in full. going to be holding a subcommittee write down number and I will contact you. There was a small plastic tote that has been lost in transitioning of the service position.

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## **Subcommittee Reports**

**ACTIVITIES CHAIR: John D:** Good morning YASC family,

My apologies for not being able to attend Area this morning. My son's baseball tournament in Peoria changed their schedule last minute to accommodate the Super Bowl schedule. Grateful to show up for him today and be present.

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We had our first activities event on January 31st, A Vision of Hope. 2 beautiful and amazing women in recovery came up from the Valley to share their message at this event with all in attendance. With this being the first event of 2026, there were several opportunities and even more "next times" that were identified. Together, as a subcommittee, I am trusting that we will come together and take those opportunities and turn them into strengths, applying them in the future events we host in the Yavapai Area

Attendance and support from our local area was very minimal. We were in acceptance that the members in attendance were the members that were supposed to be there. There was a total of 16 members in attendance. We did recognize that the date coincided with another annual event that was held in the valley. It is in the subcommittee's intentions that we will be able to forecast future dates that events will be held so that we will be able to get them on all applicable calendars in support of higher attendance at those events. We will also be working to develop more fruitful relationships with the treatment centers in our area.

Breakdown for this event: \$750 Budget

(Expenses)

Event Space - \$165 (Space was donated however donated \$100 to the church and paid for Janitor's time to reset the building)

Food/Beverages - \$172.77

Supplies - \$364.24      Total: \$702.01

(Income)

Donations/7th Tradition - \$65      Total: \$65.00

**Amount returning to YASC - \$112.99**

Our next Activities Subcommittee Meeting will be held at 9am on February 14th at the Prescott Valley Library, 2nd Floor. We would encourage all the support from members willing to provide support, guidance, or suggestions.

Due to my absence at today's service body meeting, I will work with Jessica C to provide the funds back to her for deposit.

Looking ahead, Spring baseball tournaments appear to be around the end of every month, allowing for my attendance during those meetings.

ILS,

John D

Activities Chair - Yavapai Area of Narcotics Anonymous

719.238.0434

yavapaiactivitieschair@arizona-na.org

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**H&I CHAIR: Mark:** H&I is doing well. We still need a secretary. We still need more people to step up for panels. We are in 7 Facilities. Vice Chair Bailey is doing both Vice Chair and Secretary at this time. I will be putting in a motion today. Next subcommittee meeting: **February 28 at 9:00am at Frannie's.**

**Lit purchase:** \$129.50

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## H&I VICE CHAIR

### Yavapai H&I Subcommittee Agenda

- Opened the meeting on 1/31/26 @ 9:02 with the Serenity Prayer.
- 12 Traditions – John G
- 12 Concepts – Stephanie B
- Tradition 1 /Concept 1 reading – John D

#### Committee Service Body Check-Ins:

**Chair – Mark M:** Thanks for everyone's willingness to fill panels and thanks Bailey for stepping up as vice chair. Thanks too the facility coordinators, your effort is not unnoticed. We have our website up and available, it will be on [yavapainc.org](http://yavapainc.org) as soon as possible. Please order individual items from there! Looking into alternate times/locations/zoom for the committee meeting to help with accessibility?

**Vice Chair – Bailey G:** Guideline/Orientation proposed changes are out. Please review and get back to me with any input before we issue to area for approval

**Secretary – OPEN:** NEED SECRETARY Bailey still filling in.

**Literature Coordinator – Stephanie B:** Area order was \$130.50, will order more based on committee needs.

**Granite Mountain Coordinator – Stephanie B:** Trevor the contact there asked for a JFT so she gave it to them out of her personal stash. The facility meetings are going well and they are a pleasant facility to work with. 97 addicts in total and were engaged and participating.

**Hillside Coordinator – OPEN:** Bailey filling in-Hillside has officially moved to 1060 Sandretto, downstairs entrance on south side of building. Ring the bell and wait for them to come. Panels at the new facility have been going well. We had a scheduling mix up but it has since been figured out and we will be bringing their panel every other week permanently instead of checking in each month.

**Decision Point Coordinator – OPEN:** Dave M – it has been going really well average of 45. Meeting has returned to one group meeting instead of splitting clients up and it is back to the center now with new ownership.

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## Old Business:

- T shirt Website is available for individual shirt orders is setup through Hillside Printing out of phx. You can order a variety of merchandise with our chosen design through the website.
  - Last month at region it was brought up to have a merch H&I table, reason to buy a chunk and request money from area.
  - Water bottle/ tumbler instead discussion. Thinking it would be a good idea to do an item to have at table instead of holding various sizes of shirts to reduce stress.
  - Motion at area for \$600 for waterbottles of some type of merchandise, most likely metal tumblers. To be able to sell at events to get the word out there. Approx. 200 for 3 months which we've only spent 100-150 for the next many months of our budget for fererence to our budget that we have been spending.
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## New Business/Open Forum:

-ADD DATE TO MINUTES

- Discussion on staff members being present or not, back and forth between and the fact that jail does not have anyone present but they are under surveillance.
- We need to ask Royal Detox to make sure they have someone present.
- Dave M is willing to do Royal and DP facility coordinator positions. He will do them and was voted in for both. He stated unless someone else wants to do it.
- Do we want to move our committee meeting time or location?
- Next committee 2/28 @ 9 at Frannies

- Meeting adjourned @ 10:25 - 1<sup>st</sup> Mark M                      2<sup>nd</sup>                      Stephanie B

## PR – Annette:

### Yavapai PR Subcommittee Report

**Reporting Period:** February 2026

**Presented by:** Annette Brown

Hello Area Family. I'm An addict named Annette and I am serving as temporary Chair, with Darby as Secretary and Trent C. as H&I Liaison.

We met on **February 1, 2026**, at the Tree House Learning Center. The meeting opened with the Serenity Prayer, the 12 Traditions and Concepts, and the Service Prayer.

## Old Business:

Any phone list guideline changes were also tabled. We also revisited placing 5x7 informational cards in police vehicles; I will gather more information from NA areas, including Phoenix. I haven't had a chance to talk to Nancy G., but we are planning to connect on this later this week.

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## **New Business:**

I contacted Aaron to begin retrieving PR inventory and supplies, the supplies have been picked up but not sure about the password for the phone line. Guidelines, training and updates to the policy were tabled until our next meeting. The subcommittee voted to **pay rent for the year (\$60 total for the year - requesting from PR budget in a check to be paid to Tree House Learning)**. We discussed creating pull-tab flyers for community corkboards; I will bring an example next meeting and Darby has provided a sample as well.

We are continuing to fill literature racks in probation offices, and Trent will coordinate with H&I to align on literature/IP rack placements.

## **Upcoming Events:**

We are tracking two major upcoming events where Regional PR participation may be needed:

### **1. AATCP Treatment Court Conference**

- **Dates: April 7-10, 2026**
- **Location:** Prescott Resort and Conference Center, Prescott, AZ
- This annual conference unites judges, probation/parole officers, attorneys, social workers, law enforcement, behavioral health professionals, treatment court coordinators, and other stakeholders for education and networking on treatment courts in Arizona.
- **Exhibitor/Conference Sponsorship:**
  - Conference exhibitor add-on pricing starts at approximately **\$450** (based on current sponsorship/exhibitor pricing options).
  - Higher sponsorship tiers range up to **\$2,000–\$10,000** depending on level and visibility.
- There's also a **welcome reception and comedy event on April 8, 7:00–8:30 p.m.** for attendees.
- This could be a strong opportunity for visibility and outreach to allied professionals; we are looking into the feasibility and cost of having an NA PR booth there. These prices came from the website, but need to be confirmed.

### **2. ASU 27th Annual Summer Institute**

- **Dates: July 14-16, 2026**
- **Theme:** Healing Communities: Trauma-Informed Social Work Practice in the Southwest
- Hosted by the **ASU School of Social Work** with workshops, plenaries, and sessions focused on trauma-informed practice and community healing.
- The event targets social workers, behavioral health providers, community organizations, educators, students, and policymakers.
- The site doesn't list specific exhibit or booth pricing, though sponsorship info and a packet are referenced; we will continue checking for exhibitor/booth costs for NA PR presence.

## **Not covered in the meeting:**

- Wolf Creek admin has been contacted by Darby and her and Mark will coordinate an initial meeting with them to understand more about the request for an H&I meeting
- Sections from H&I and PR handbooks were shared with both committees to help with guidance around the importance of the relationship between the two committees
- Really awesome support collaboration and willingness from the members

## **Ask from Area:**

We request Area support to explore:

- **RCM to reach out to Regional PR (or provide contact info) to see if they can support the April event and the July event**

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- GSR's please announce to groups that the Chair Position for PR is open

Our next PR Subcommittee meeting is **March 2, 2026, at 7:00 PM via Zoom.**

<https://us02web.zoom.us/j/82895271929?pwd=7EiwOLEkMmGMQmESaqode9bJeDN9ii.1>

Meeting ID: 828 9527 1929

Passcode: 133208

That concludes my report. In loving service,

Annette B.

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## MERCHANDISE CHAIR: OPEN

No report.

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**OUTREACH: Susie:** Trying to get people together to go to the we Can and we will meeting. 928-208-1783 I would love for everyone to get involved in this. There are 8 of us that go consistently but we are ready for new stories. I don't know what I'm doing.

**Next Outreach Subcommittee meeting: Sunday, March 1<sup>st</sup> at 12:00pm. Location: Red Robin off Gateway in Prescott.**

We are looking to get a group of addicts for Outreach to go to **We Can and We Will February 25<sup>th</sup> at 7:00PM** in Chino Valley off of Perkinsville Rd.

Outreach attended Wickenburg 707 on 1/29/26. There were 8-9 of us. It was a great experience and we plan to return in March.

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~10 minute break~

**Note:** 13\_ of 16\_ GSRs are present. Quorum was /-was not established

## **Old Business:**

Requesting \$300 for the CAR Workshop.

### MOTION/IDEA

Date: 1-11-26  
Motion/Idea: Requesting \$300<sup>00</sup> for the  
CAR workshop \$50 donation to the Facility  
250<sup>00</sup> to purchase lunch.  
Feb 7<sup>th</sup> 2026 - 12-4pm

Intent: To have a successful event.

Name: Moina B. RCM 2 Seconded by: Clement J. Wilgoff

Passed:      Failed:      Chairperson:

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**Will be a new motion due to the people who first and seconded not being GSRs.**

Any GSRs opposed: 0  
Abstained: 0

Amendment would be to reimburse a lower amount of 148.80  
No discussion

## MOTION/IDEA

Date: 2/8/26  
Motion/Idea: Reimburse Mo 148.80<sup>MS</sup> for the  
CAR report lunch / space rent

Intent: to replace other motion b/c ~~it~~ ~~was~~  
it was not 1st/2nd by GSRs

Name: Bailey G - candlelight GSR Seconded by: Jacob O. Living proof GSR  
Passed: \_\_\_\_\_ Failed: \_\_\_\_\_ Chairperson: \_\_\_\_\_

## **NEW BUSINESS:**

**Announce still available positions for their homegroup:**

- Merchandise
- RCM2

MOTIONS:

## MOTION/IDEA

Date: 2/8/26  
Motion/Idea: For H&I To Remain Our Monthly  
to Budget to Purchase H&I Mech For  
EVENTS, So WHAT WE DONT USE FROM OUR BUDGET  
ROLLS OVER FOR 3 months

Intent: TO MAKE H&I MORE VISIBLE AND TO  
RAISE FUNDS FOR H&I

Name: Mark M Seconded by: Joe Volzquez  
Passed: \_\_\_\_\_ Failed: \_\_\_\_\_ Chairperson: \_\_\_\_\_

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## H&I Budget Retention for Merchandise

**Topic/Intent:** H&I requested to retain unused monthly budget funds to purchase merchandise (e.g., water bottles/shirts) to increase H&I visibility and awareness.

**Background/Clarification:** It was noted that H&I does not keep funds; unused budget typically returns to Area.

### **Initial Discussion Highlights**

- Bailey shared that H&I is requesting \$600 for merchandise (water bottles, etc.). The online merchandise site is live. Bailey stated H&I has not used all of its budget in recent months and wants to request the funds now for outreach/visibility.
- Annette asked whether this request would require a policy change, and whether policy restricts spending to literature only.
- Bailey stated that H&I (and PR) can request budget funds for purposes other than literature, and referenced recent policy wording updates. Bailey believed the committee only needed to request the funds.

### **Chair/Body Guidance**

- Annette requested that the motion be rewritten and resubmitted for clarity.

### **Policy Reference Reviewed**

- Policy was reviewed (noted as page 19):
  - Unused budget amounts cannot be rolled over.
  - Funds are for literature only unless otherwise requested/approved.

## REVISED MOTION:

### MOTION/IDEA

Date: 2/18/26

Motion/Idea: Approve \$600<sup>From Area</sup> for H&I to use for merchandise such as water bottles etc for tables we host @ events.  
Money will be returned to area.

Intent: To get H&I committee awareness out in the community

Name: Bailey G - Candlelight GSR      Seconded by: SEAN-MICHAEL H  
GRATITUDE TOO

Passed:             Failed:             Chairperson:       

## Continued Discussion on Revised Motion

- Stephanie stated subcommittees should not carry funds and that funds should go back to meetings/Area.
- Sean-Michael suggested framing the request as borrowing \$600 from Area with receipts provided.
- Annette asked for clarity on the intent (e.g., fundraising vs. awareness).
- John stated the merchandise would be for awareness/visibility and noted the topic had been discussed extensively in H&I subcommittee (example given: committee members wearing shirts). John asked how H&I would track funds.
- Bailey stated the funds would be spent.

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- Sean-Michael asked whether items would be sold or given away.
- Stephanie indicated the items would be sold.
- Bailey asked whether proceeds would be returned to Area or whether only the borrowed amount would be repaid, and questioned the need to decide immediately whether items would be sold at cost or with markup.
- Mo requested clarification.
- Annette raised concern that keeping profits within H&I could create a separate budget outside of Area, and asked if that was the intent.
- Stephanie suggested borrowing \$600 and returning it to Area; any leftover/profits could be held by a treasurer and tracked (suggested providing a statement of funds).
- Mo added it may be helpful to give some items away to promote H&I.
- Bailey suggested using some funds for giveaway items (bracelets/stickers) for outreach.

## **Outcome / Next Step (as reflected in discussion)**

- Motion required clarification and exact wording (revised motion above).
- Discussion focused on whether this is a budget request vs. a loan/advance, and how to handle profits/leftover funds while staying consistent with Area policy.

## **OPEN FORUM:**

### **Change / Coins for Deposits**

- Jessica raised a concern about limited coin availability (especially pennies) and asked whether the Area should start rounding up or rounding down when exact change is not available.
- Stephanie asked whether GSRs are donating change.
- Jessica shared that some change has been received, but most has historically come from Literature, and that having pennies available to make change is currently difficult. Jessica gave an example that Activities planned to turn in \$112.99, but exact change was not available at the time. Jessica suggested possibly keeping a bag of change for future deposits.
- John noted that Literature previously managed this by keeping change available.
- Annette suggested obtaining 100 pennies to support accurate reconciliation.
- Jessica asked whether this could be requested from the bank.
- Annette stated the goal is accurate bank account reconciliation.
- Jessica stated that when making the next deposit, she will ask the bank for pennies and will provide an update at the next Area meeting.
- John stated he has rolled pennies at home and will bring them to the next Area meeting.

### **Bank Account Signers / Updating Authorized Individuals**

- Jessica stated the current bank account listed Jessica (Jess) and Dave and that meeting minutes are needed to document positions in order to update the signer list (replacing Dave with Kevin). Jessica noted that the Treasurer, Vice Treasurer, Chair, and Vice Chair need to coordinate to complete this process and have a brief meeting/conversation.
- Mo shared that the Secretary is responsible for processing changes to who is authorized (acting as the point of contact), but the Secretary is not listed as a signer/on the account.
- Jessica stated she will coordinate and ensure the update is completed before the next Area meeting and will locate the relevant policy/guideline.

### **GSR Training**

- Annette raised the need for GSR training, noting that 7 GSRs present at the Area meeting have not yet completed a training.
- It was stated that the policy will be reviewed to confirm responsibility for organizing the training; it is believed this may fall under the Vice Chair role.
- A plan was discussed to hold the training immediately before or immediately after an Area event to increase attendance.

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- GSRs were encouraged to bring additional trusted servants from their homegroup so they can also receive training.

## Clean Time Birthdays

- Annette asked if there were any clean time birthdays since the last Area meeting.
  - Bailey reported 12 years.
  - 707 reported 38 years (clean date: January 6).

## H&I Announcement (Merchandise and Committee Updates)

- Bailey announced that the H&I online shirt/merch store is open for individual orders (e.g., shirts/hats), allowing members to purchase items without H&I needing to hold inventory. Bailey encouraged increased support and participation.
- Bailey shared that H&I is in need of additional trusted servants, specifically requesting someone to step in, noting Bailey is currently serving as H&I Secretary.
- Bailey reported that H&I guidelines are being updated and will be provided to Jess once finalized. Bailey noted the updates include “big changes” and that no opposition has been expressed to date.
- Bailey stated H&I is implementing a tiered shadowing system to encourage involvement and increase availability:
  - 0–18 months: requires 3 shadows
  - 18 months–4 years: requires 1 shadow
  - 4+ years: orientation only
- Bailey encouraged members with more than 4 years clean time to join H&I panels, noting they would not need to shadow beyond orientation, and emphasized the importance of carrying the message.

## Upcoming CAT (Casa Grande), CAR/CAT Clarification, and Service Literature Discussion

*Summary: Mo announced the CAT in Casa Grande next weekend and encouraged members to attend in person or on Zoom. The group discussed the difference between CAT and CAR, clarifying that CAT is informational and focuses on World Services policies, budget transparency, and items currently being considered, with no voting. CAR was described as a separate process that often includes surveys for groups to review and give input on potential literature changes. John shared that the Looner Nooner group has begun reviewing the group booklet for outdated content and may bring recommendations back to Area, and Annette reviewed the general pathway for literature changes through group conscience, Area, Region, and World.*

- Mo announced the CAT in Casa Grande next weekend and shared they will be attending; members were invited to attend as well.
- Bailey asked for clarification on how CAT differs from CAR.
- Mo stated CAT focuses on policies for World Services and is primarily informational.
- Annette shared that CAT includes review of the World budget and items currently “in motion,” with the intent of increasing transparency regarding funds sent to World. Annette noted attendance is available in-person or via Zoom, and recommended it for anyone interested in broader NA service/business.
- Britney encouraged participation, noting that locations rotate, workshops cover what is happening at World, and GSRs can connect with other GSRs from surrounding areas.
- Bailey asked whether there is a separate vote for CAT in April; Mo clarified there is no voting at CAT and that it is informational.
- Annette clarified that the CAR workshop often includes surveys that can be taken back to groups regarding potential literature changes; these are not motions at that stage, but an effort to gauge interest.
- Mo noted that CAR-related input/surveys need to be incorporated into their April 1 reporting timeline (as referenced in discussion).

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- John shared that the Looner Nooner group has been reviewing the group booklet and identified several areas that appear outdated. John stated the group intends to continue reviewing additional booklets this year, spending approximately 30 minutes on literature and 30 minutes on homegroup business, and may bring recommendations back to Area in coming months. John also suggested including younger members' perspectives when considering revisions.
- Annette outlined the general process for changing NA literature/service materials: a group develops a motion through group conscience, the Area considers it (potentially through the RCM), it moves to Region, and Region brings it forward to World. Annette emphasized that the primary place for members' voices is through group conscience.
- Bailey asked whether the group booklets are being replaced; Mo stated no.
- Annette added there is currently a survey related to revising/redoing service literature.

## Literature:

**There's a ton of Spanish literature.**

**Close Meeting:** 1st – (Mychelle – No Matter What)

2nd – (Shelby – Girls Gone Clean)

